

TARGET TEMPOS:  
A, B, C, D, E, F 70bpm  
G, I, K, L 100bpm  
H, J 70 bpm

# Flam & Drag Rudiments

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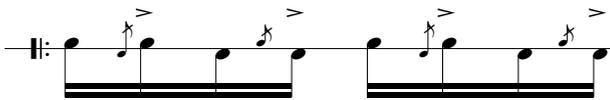
**A** Flam Doubles



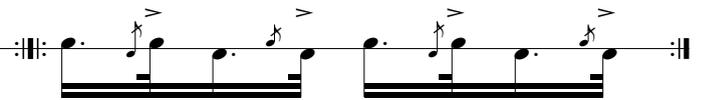
**B** Flam Doubles Pointed



**C** Swiss Flams



**D** Swiss Flams Pointed



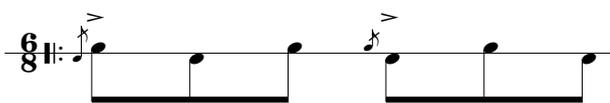
**E** Drag Doubles



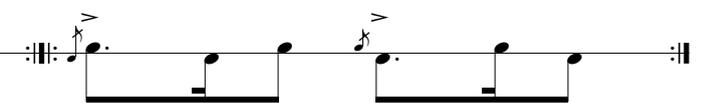
**F** Drag Doubles Pointed



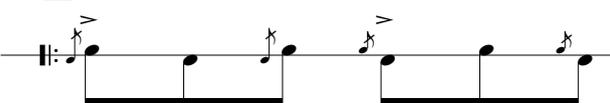
**G** Flam Triplets



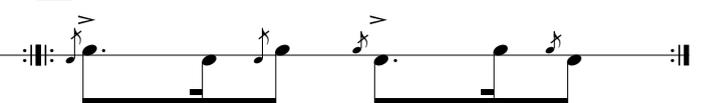
**H** Flam Triplets Pointed



**I** Fla Fla Flams



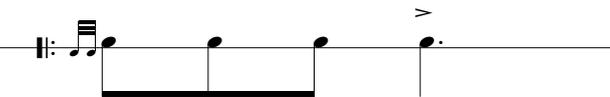
**J** Fla Fla Flams Pointed



**K** Swiss Army Triplet with Drags



**L** Drag Five Primary Notes



**M** Drag Five

